

MEDIA RELEASE

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ReSoW-ing Southern NSW

Community Industry Group is proud to announce the launch of the Resources entwined with Support of Wellbeing (ReSoW) project supported by funding from Resilience NSW.

“Place-based organisations continue to be instrumental to the recovery of the region after the 2019-2020 bushfires,” said Community Industry Group CEO, Nicky Sloan. “Management committees, staff and volunteers of community service organisations have demonstrated incredible strength, flexibility and resilience in the face of successive natural disasters and ongoing challenges of the pandemic. The goal of this project is to help those who help others through providing practical capacity building supports to ensure these vital services can continue to remain sustainable now and into the future.”

The ReSoW project will be rolled out over the next 12 months in the Bega Valley, Eurobodalla, Queanbeyan-Palerang, Shoalhaven and Snowy Monaro LGAs.

“The supports provided will be based on the needs of each organisation in each area,” Ms Sloan continues. “We have been consulting with organisations across the region at every step of the process to ensure that they are being heard, and their needs met.”

The supports available include:

Support for **Healing and Wellbeing** to focus on moving forward and thriving in their delivery of community support.

A **Peer Mentoring** Program which will encourage regional reconnection and support with experienced facilitators and regular resources to facilitate a mutually positive experience.

Access to subsidised **External Supervision** providing a neutral, safe space to talk with someone and explore individual priorities and challenges with someone who has been there before.

Strategic and Governance training, to build organisational leadership capacity and help to position them strongly in the region.

More information can be found [here](#) which will be widely shared in the region. If you are a not for profit organisation within this region and are interested in this project we encourage you to contact with Community Industry Group for more information.

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About the Community Industry Group

Community Industry (formerly known as Illawarra Forum) is the peak body working for community services and organisations in the South East of NSW. It supports community organisations, promotes expertise and innovation in community development, fosters industry development and provides advocacy for social justice.

Community Industry Group represents the non-government community services industry in the South East of NSW, and works closely with numerous organisations which provide support to vulnerable people across the region.